

APERITIVO

BELLINI Classic Bellini made with white peach juice & Prosecco	9.50
ROSSINI Prosecco with fresh strawberries	9.50
APEROL SPRITZ Aperol & Prosecco	9.95

WINE

BIANCO

	GLASS (175 ml)	GLASS (250 ml)	BTL
REMIGIO, CHARDONNAY 100% Chardonnay, fruity bouquet with an elegant finish	5.65	8.00	22.90

PINOT GRIGIO SANTA MARGHERITA (VENETO) Dry, full-bodied but crisp and firm in structure, with an intense and typical aroma.	7.90	11.50	34.00
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SAUVIGNON BIANCO DEL VENETO (VENETO) Dry and elegant white wine. Pale yellow in colour with greenish hints. Particularly suitable as an aperitif and perfect with hors d'oeuvres.	7.95	11.60	33.30
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ROSE

PINOT GRIGIO ROSÉ TORRESELLA (VENETO) The grapes are harvested during September then de-stemmed, crushed and left to a brief cold maceration to bring out the primary aromas.	7.00	9.50	28.20
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ROSSI

REMIGIO, PIEMONTE Ruby red in colour with subtle violet hints. Light and fruity on the palate. The Italians like this wine for every day drinking because of its soft tannis, ripe fruit and ability to match a variety of foods	5.65	8.00	22.90
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MERLOT GRAVE DEL FRIULI TERRE DOC (FRIULI) Vivid ruby red in colour with a pronounced bouquet of herbs and blackberry with a dry taste, pleasantly tannic with a slightly bitter after taste.	7.10	9.90	29.50
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CHAMPAGNE & PROSECCO

	FLUTE	BTL
PROSECCO	7.95	35.95
PROSECCO ROSÉ	8.50	38.95
HOUSE CHAMPAGNE	10.90	50.00
HOUSE CHAMPAGNE ROSÉ	12.70	56.00
LAURENT PERRIER ROSÉ		108.00

SPIRITS 25ML

BOMBAY SAPPHIRE GIN	4.00	SLANE IRISH WHISKEY	4.50
TANQUERAY	4.50	LIMONCELLO	4.50
GREY GOOSE	4.50	AMARETTO	5.00
BACARDI RUM	4.00	BAILEYS	4.50
JOHNNIE WALKER BLACK	5.85	FAIR CAFE	4.50
COURVOISIER VS	5.50		

Some foods described within this menu contain nuts, derivatives of nuts or other allergens. If you suffer from an allergy or food intolerance please notify a member of the San Carlo team who will be pleased to discuss your needs with the Manager or Chef. Adults need around 2000 kcal a day.

DRINKS

TEA

ENGLISH BREAKFAST (1 kcal)	2.95
EARL GREY (1 kcal)	3.00
CEYLON (1 kcal)	3.00
DARJEELING (1 kcal)	3.00
GREEN (2 kcal)	3.00
PEPPERMINT (2 kcal)	3.00
CAMOMILE (2 kcal)	3.00
SELECTION OF FRUIT TEAS (2 kcal)	3.00

JING SPECIALITY TEAS

JASMINE PEARLS Perfectly balanced spring green tea, hand scented with fresh jasmine flowers (1 kcal)	4.50
SILVER NEEDLE The finest white tea in the world, sweet and mellow with notes of cucumber and melon (1 kcal)	4.50
CEYLON TEA & WHOLE ROSE BLACK TEA A soothing rose aroma with a lively black tea base, perfect with cakes and pastries (5 kcal)	4.50
WHOLE ROSEBUDS Light and fragrant, whole rosebuds create a soft and refreshing experience (40 kcal)	4.50



COFFEE

ESPRESSO (3 kcal)	2.50
MACCHIATO (10 kcal)	2.80
CAPPUCCINO (68 kcal)	3.20
LATTE (123 kcal)	3.20
- with Cinnamon and whipped cream (165 kcal)	3.50
- with Vanilla and whipped cream (169 kcal)	3.50
AMERICANO (6 kcal)	2.90
MOCHA (394 kcal)	3.50
AFFOGATO a scoop of vanilla ice cream with a shot of espresso	5.95

HOT CHOCOLATE

HOT CHOCOLATE (190 kcal)	3.50
- with Vanilla (210 kcal)	3.75
- with Cinnamon (201 kcal)	3.75

SOFT DRINKS

COKE (74 kcal)	3.25
DIET COKE (1 kcal)	3.25
STILL WATER (0 kcal)	500ML 3.00 750ML 3.95
SPARKLING WATER (0 kcal)	500ML 3.00 750ML 3.95
FRESH ORANGE JUICE (63 kcal)	3.60
APPLE JUICE (67 kcal)	3.60
CRANBERRY JUICE (33 kcal)	3.60
PINEAPPLE JUICE (72 kcal)	3.60
FEVER TREE MIXERS	3.50
(Indian Tonic Water (36 kcal), Naturally Light Tonic Water (15 kcal), Elderflower Tonic Water (68 kcal), Mediterranean Tonic Water (72 kcal), Ginger Ale (68 kcal), Ginger Beer (80 kcal), Lemon Tonic (30 kcal), Soda Water (0 kcal), Lemonade (70 kcal))	

BIRRA

PERONI NASTRO AZZURRO	4.50
MORETTI	4.75



Let's change the way we eat. Selfridges is committed to sourcing food responsibly through Project Earth. Scan for more information.



MENU

BREAKFAST & BRUNCH		
The most important meal of the day!		
SAN CARLO GRANDE 2 bacon rashers, 2 Cumberland sausages, roasted tomato, sautéed mushrooms, herby potatoes, baked cannellini beans & fried or scrambled eggs with toasted sourdough bread (750 kcal)		9.95
SAN CARLO VERDE grilled courgette, spiced cannellini beans, vegan sausage, chilli tomatoes, baby spinach & toasted sourdough bread (308 kcal)		7.95
EGGS BENEDICT with prosciuto crudo on toasted sourdough bread (518 kcal)		8.20
EGGS ROYAL with smoked salmon on toasted sourdough bread (598 kcal)		9.20
POACHED EGGS WITH AVOCADO on sourdough toast (815 kcal)		6.15
SCRAMBLED EGGS & SMOKED SALMON on sourdough toast (617 kcal)		8.75
FRITTATA 3 egg omelette with a choice of: smoked pancetta, tallegio and chestnut mushrooms (476 kcal) or sundried tomato and spinach (510 kcal)		8.90 7.95
BACK BACON SANDWICH (600 kcal)		5.95
GRILLED CUMBERLAND SAUSAGE SANDWICH (316 kcal)		5.95
FULL WORKS SANDWICH sausage, bacon, & fried egg (831 kcal)		7.95
CROISSANT And butter (380 kcal)		2.95
PAIN AU CHOCOLAT OR DANISH PASTRY (300/262 kcal)		2.95
TOASTED SOURDOUGH with butter & jam (608 kcal)		3.20

NIBBLES		
BREAD SELECTION (528 kcal)		4.20
ITALIAN MARINATED MIXED OLIVES (201 kcal)		3.50
BRUSCHETTA PACHINO (178 kcal) Toasted sourdough with Sicilian Pachino tomatoes, garlic & basil		5.95
CALAMARI (381 kcal)		6.90
PARMA HAM & MOZZARELLA (520 kcal)		8.50
BURRATA with smoked aubergine, marinated in extra virgin olive oil, garlic & chilli (518 kcal)		9.95
GAMBERONI FRITTI Tempura prawns dressed with a spicy mayonnaise (252 kcal)		9.90
SALMON AFFUMICATO Severn & Wye smoked salmon, with shallots, Sicilian capers & Altamura bread from Apulia (267 kcal)		9.95

SALADS		
CHICKEN CAESAR SALAD (300 kcal)		9.95
INSALATA TUNA freshly grilled tuna steak, lettuce, rocket, beans, cherry tomatoes, rosemary potatoes,olives & soft boiled egg (490 kcal)		11.95
CHICKEN, MOZZARELLA, CRISPY PANCETTA, AVOCADO, CHERRY TOMATO with balsamic dressing (531 kcal)		10.95
LOBSTER & PRAWN SALAD Avocado, fennel, orange segments, dressed with cherry vinegar (629 kcal)		14.95
AVOCADO SALAD Avocado with vine tomatoes & red onion in a balsamic & pomegranate dressing (255 kcal)		8.95
CAPRESE SALAD With avocado & Buffalo Mozzarella (354 kcal)		9.95
COCKTAIL DI GAMBERETTI tender Norwegian prawns on a bed of crispy romaine lettuce with marie rose sauce & paprika (287 kcal)		10.50



MAINS		
GRAN CAFE BURGER Aberdeen Angus fillet burger with burrata, balsamic onion & grilled parma ham (1058 kcal)		12.50
LASAGNE BOLOGNA Layers of pasta with slow cooked beef ragu and béchamel (968 kcal)		11.95
POLPETTE beef meatballs with a San Marzano tomato sauce (277 kcal)		9.95
POACHED SALMON cold poached salmon with pickled cucumber & dill with lemon mayo (914 kcal)		15.95
MELANZANE AL FORNO baked layers of Sicilian aubergine with parmesan cheese & tomato (342 kcal)		12.95

SANDWICHES		
All served with salad or fries		
KING PRAWNS, ROCKET & LEMON MAYONNAISE on a brioche roll (383 kcal)		9.95
SMOKED SALMON, AVOCADO & ROCKET open sandwich on ciabatta (664 kcal)		9.95
PARMA HAM & MOZZARELLA WITH OREGANO on ciabatta (928 kcal)		8.90
GRILLED CHICKEN, PANCETTA, AVOCADO, MAYONNAISE on ciabatta (821 kcal)		9.95
SAN CARLO MEATBALL PANINO polpette in a tomato sauce on ciabatta (494 kcal)		8.95
LOBSTER THERMIDOR BRIOCHE ROLL lobster tail in a thermidor sauce (1233 kcal)		14.95
THE PARMIGIANA layers of aubergine, parmesan and tomato on ciabatta (907 kcal)		10.95

SIDES		
MIXED SALAD (73 kcal)		4.10
ZUCCHINI Fried courgette sticks (199 kcal)		4.50
SWEET POTATO FRIES (61 kcal)		4.50
FRENCH FRIES (526 kcal)		3.95
TRUFFLE FRENCH FRIES (923 kcal)		4.70

DESSERTS		
All our desserts are homemade by San Carlo		
		EAT IN / TAKEAWAY
TIRAMISU (429 kcal)		5.95 N/A
CHOCOLATE & HAZELNUT CAKE (769 kcal)		5.95 5.20
CHEESECAKE (566 kcal)		5.95 5.20
TORTA AL PISTACCHIO Pistachio mousse cake (773 kcal)		5.95 5.20
STRAWBERRY TART (394 kcal)		5.95 5.20
FRUIT TART (360 kcal)		5.95 5.20
APPLE TART (325 kcal)		5.95 5.20
RASPBERRY TART (389 kcal)		5.95 5.20
CARROT CAKE (469 kcal)		5.95 5.20
CHOCOLATE BROWNIE Served with vanilla ice cream (683 kcal)		5.95 5.20
LEMON MERINGUE TART (417 kcal)		5.95 5.20
MILLE FEUILLE (483 kcal)		5.95 5.20
ROCHER SAN CARLO (766 kcal)		5.95 5.20

SAN CARLO AFTERNOON TEA	
Served all day	
TRADITIONAL SCONE (148 kcal) - 3.60	
CREAM TEA - 6.25	
Fruit Scone with Jam and Clotted Cream, with Choice of Teas (1012 kcal)	
AFTERNOON TEA - 14.95	
Assorted Savoury Bites, Fruit Scone, Pastries, with Choice of Teas (1806 kcal)	
CHAMPAGNE TEA - 24.95	
Assorted Savoury Bites, Fruit Scone, Pastries, with Choice of Teas, plus Glass of Champagne (1895 kcal)	
All afternoon tea priced per person	

WELLBEING SMOOTHIE BAR	
Our Smoothies are a variety of 100% natural, fresh ingredients.	
SMALL 4.10	LARGE 5.25

SKIN & HAIR BOOSTER
Full of Skin Loving plant based proteins with essential fatty acids which are helpful for inflammatory benefits. Banana, apple juice, almond butter and flaxseed oil (263 kcal / 365 kcal)
ENERGY BOOSTER
With high alkaline ingredients that will raise energy while also supporting the body's blood sugar levels to raise energy dips and fatigue. Avocado, spinach, cucumber, kale, almond milk, coconut oil, almonds, sunflower seeds, chia seeds (431 kcal / 641 kcal)

ICE CREAM	
San Carlo makes all its own ice cream using traditional methods and only Italian ingredients to create real Gelato!	
1 SCOOP 1.50 2 SCOOPS 3.00 3 SCOOPS 4.00	
FLAVOURS	Vanilla (133 kcal), Strawberry (128 kcal), Chocolate (137 kcal), Hazelnut (162 kcal), Pistachio (159 kcal), Caramel (132 kcal), Straccitella (140 kcal), Lemon Sorbet (71 kcal), Mango Sorbet (74 kcal), Blackcurrent Sorbet (73 kcal), Coffee (129 kcal)
GRAN CAFE ICE CREAM SUNDAE'S	
CHOCOLATE NUT	7.95
Chocolate Ice Cream and Caramel Ice Cream with Chocolate Chunk, Caramelised Nuts & Nutella (1058 kcal)	
MERINGUE & MARSHMALLOW	7.95
Served with Vanilla & Strawberry Ice Cream (619 kcal)	
LEMON SWIZZLE	7.95
Vanilla Ice Cream, Lemon Sorbet & Lemon Meringue (412 kcal)	
FRUIT PUNCH	7.95
Strawberry Ice Cream, Mango & Lemon Sorbet & Mixed Berries (257 kcal)	
COPPA GOLOSA (FOR 2 PEOPLE)	11.60
Chocolate, Hazelnut & Vanilla Ice Cream with Warm Nutella sauce (632 kcal)	

Smoothies are the natural way to boost your well being. Packed full of natural proteins, vitamins, antioxidants! All our ingredients are 100% fresh. We can even make them up for you to take away.

HANGOVER CURE
Packed full of antioxidant rich ingredients this smoothie is a nutritional powerhouse. Green tea, banana, blueberries, soy milk & honey (233 kcal / 318 kcal)
IMMUNE BOOSTER
Loaded with vitamin C and the best way to get these vitamins is from real food. Pineapple, strawberries, oranges, carrot, lemon & almond milk (76 kcal / 109 kcal)
Adults need around 2000 kcal a day